

Sweet Pea Fitness

ONSITE!

Gymnastics Enrichment

CONTACT:

Mandy Elrod

330-592-3580

sweetpeafitness@gmail.com

sweetpeafitness.com

**WINTER/SPRING
SEMESTER 2023**

Winter/Spring GYMNASTICS class:

Every Tuesday*: January 3-May 16

• 19 weeks + video performance TBA. *No class March 7.

At the basic level, gymnastics is about developing physical fitness, agility, strength and flexibility. It is also FUN and will support your child's cognitive development (listening and following directions) and life skills (self-confidence, teamwork, responsibility, friendship and sportsmanship). Class includes stretching, strengthening, tumbling, vaulting, bar and balance beam. Nurturing the love of movement and motor skill development at an early age will help promote continued participation in physical activity and sports.



Kids Kare

Kent Campus



35 minute classes are for girls and boys ages 2-5, during morning school hours. Enroll at anytime! Activities are presented in a FUN and SAFE manner, keeping with the current trends in our industry.

Meet the teacher: Miss Mandy resides in Stow, OH. She has taught preschool dance & gymnastics for 32 years! She holds a bachelors degree in Education from the Ohio State University. She created Sweet Pea Fitness to take preschool movement programs into the childcare setting. Sweet Pea Fitness has 16 years of success in early childhood education.

PAYMENT OPTION #1: Pay for the entire fall semester: \$275 due upon enrollment **OR**

PAYMENT OPTION #2: Make monthly payments: \$55 due promptly Jan. 1, Feb. 1, Mar. 1, Apr. 1 and May 1.

Pay by: Cash, Venmo@Amanda-Elrod-8, Zelle@3305923580, or Check payable to Sweet Pea Fitness. **THANK YOU!**



Enrollment Slip for Sweet Pea Gymnastics:

OK to photograph? Yes No

Student: _____ Birthday: _____ Phone: _____

Parent's Name: _____ Email address: _____

I understand that enrolling my child in Sweet Pea Fitness is voluntary and agree to pay tuition: Tuition is \$275 for the semester, regardless of absences.

** _____ Parent Signature

I understand that any physical activity carries the risk of physical harm. On behalf of myself and my minor child, I assume the risk, that my child could suffer injury as a result of participation in gymnastics class. I hereby release Sweet Pea Fitness, LLC, it's owner and it's employees from any liability arising out of injuries to my child in the event of accident or injury.

** _____ Parent Signature

Please list any medical conditions: _____